



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

COURSE:	Parent and Child Aquatics
Course Code:	34900
Purpose	To help develop swimming readiness by leading parents and their children in water exploration activities with the objective of having fun and becoming comfortable in , on and around the water.
Prerequisites	<ul style="list-style-type: none">▪ No skill prerequisites▪ Child must be at least 6 months old to enroll▪ Parent or other caregiver must accompany each child into the water and participate in each class
Learning Objectives	<ul style="list-style-type: none">▪ Increase knowledge of water safety and practices;▪ Provide an opportunity for water adjustment and swimming readiness skills;▪ Use play as a basic form of learning and provide fun and enjoyment in the water;▪ Encourage participant socialization; and▪ Provide parental involvement in the learning process and reinforce the parent's or caregiver's role in the child's learning.
Length	No minimum number of hours suggested.
Instructor	Currently authorized Water Safety (r.04) instructor.
Certification Requirements	Participation
Certificate Issued and Validity Period	Parent and Child Aquatics – None
Participant Materials	None