

Session 2 Lessons

	Parent Tot	Minnows	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Diving
10:30			Erica	Libby	Megan Becky	Adam Jordan	Britta	Allie	I
11:00		Erica	Megan	Becky	Libby				B
11:15						Britta Adam	Allie	Jordan	
11:30		Megan	Becky	Libby	Erica				B
12:00		Becky		Megan	Erica Libby	Allie	Adam Jordan	Britta	
12:30		Erica	Libby	Becky	Megan				
12:45						Allie Jordan	Britta	Adam	
1:00	Becky	Megan		Erica	Libby				
5:00		Maddy	Allie	Jaci	Amelia	Jakob	Mark	Jordan	A
5:30	Allie	Jaci	Maddy	Amelia					A
5:45						Jordan	Jakob	Mark	I
6:00		Allie	Jaci	Amelia	Maddy				

Dive Lesson Info:

Beginner: Child should be at least five years old, be able to swim, and be comfortable being on the diving board. Children *will not* be allowed to use goggles for safety reasons.

Intermediate: Child should be able to complete a successful: front approach, front line up (or fall in), a front tuck dive, and a back fall in.

Advanced: Child should be able to complete all of the previous plus a back press (or approach), a back dive with a press, a front flip and have an intense focus on joining dive team and building competitive skills.

For your use only:

Child: _____ Level: _____
 Pref 1: _____ Pref 2: _____

Child: _____ Level: _____
 Pref 1: _____ Pref 2: _____

Child: _____ Level: _____
 Pref 1: _____ Pref 2: _____

Child: _____ Level: _____
 Pref 1: _____ Pref 2: _____

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